## SELF-REPORT VERSION (VAGUS-SR)

NAME/ID:

DATE:



We are interested in your own beliefs about your unusual or unique experiences. We are NOT interested in what others may wish you to believe.

Indicate if you have <u>ever</u> had any of the following unusual or unique experiences by reading the questions and marking **E** either Yes or No.

		Yes	No
A)	Have you ever had visions or seen things that others can't see?		
B)	Have you ever feared that someone, some force or entity was after you or out to hurt you?		
C)	Have you ever received special messages just for you from the newspaper, TV, radio, or other device?		
D)	Have you ever received special messages just for you from strangers on the street?		
E)	Have you ever had any special gifts or abilities?		
F)	Could you ever read minds?		
G)	Have you ever felt that others could read your thoughts?		
H)	Have you ever felt that your thoughts were broadcast for others to hear?		
I)	Have you ever had a special relationship with God beyond the average person?		
J)	Have you ever communicated with spiritual beings, such as angels or demons?		
K)	Have you ever communicated with aliens?		
L)	Have you ever felt excessively guilty? Or that you had done something very bad?		
M)	Have you ever felt that your thoughts or actions were controlled by some outside force?		
N)	Have you ever felt that you were possessed?		
O)	Have you ever had the sense that something had changed about your body?		
P)	Have you ever felt that your body or some part of your body was diseased or dying?		
Q)	Other:		

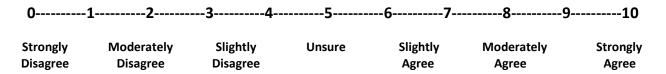
Indicate the extent to which you agree or disagree at the present moment with each of the following

statements by circling the appropriate number, keeping in mind your most intense experience.

1) My unusual or unique experiences are due to my mental illness.

Write the corresponding letter here \_\_\_\_\_.

Choose the most intense unusual or unique experience from above.



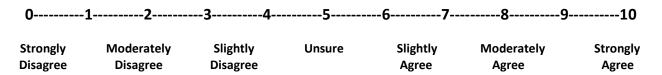
2) My unusual or unique experiences are REAL regardless of what other people think about them. (e.g. doctors, family, friends, etc.)



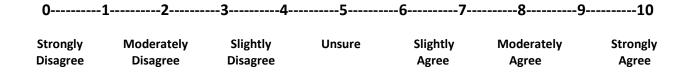
Indicate if you have <u>ever</u> had the following unusual or unique experience by reading the question and marking **E** either Yes or No.

Have you ever heard voices or sounds that others can't hear?		
☐ If 'NO,' please go to the next page.		
☐ If 'YES' to the above indicate the extent to which you agree or disagree at the present mome of the following statements by circling the appropriate number.	<u>nt</u> with e	ach

3) The voices other people can't hear are REAL regardless of what my doctor, family or friends believe.



4) My mental illness has caused me to hear voices that other people cannot hear.



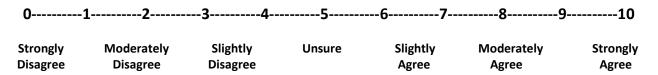
## PLEASE GO TO THE NEXT PAGE

Yes

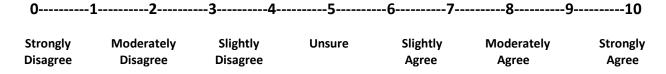
No

Please indicate the extent to which you agree or disagree at the present moment with each of the following statements by circling the appropriate number.

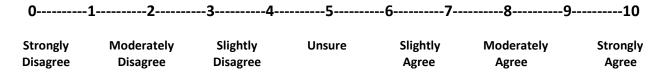
I truly believe I have a mental disorder/illness (e.g. Schizophrenia, Schizoaffective Disorder, Bipolar 5) Disorder, Depression with Psychosis, etc.).



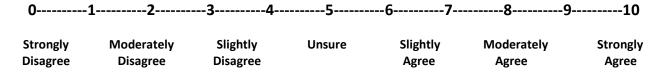
6) I definitely NEED treatment with an antipsychotic medication.



7) I have always been mentally healthy.



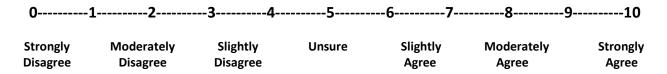
8) I should stop or avoid taking antipsychotic medication.



9) My unusual or unique experiences have led to negative consequences in my life (e.g. hospitalization, work, family or social problems).

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Strongly	Moderately	Slightly	Unsure	Slightly	Moderately	Strongly
Disagree	Disagree	Disagree		Agree	Agree	Agree

- 10) Antipsychotic medications have lessened the intensity of my unusual or unique experiences.
  - □ Not Applicable as I have never taken antipsychotic medication before.



## THE END



DATE:



Awareness Category	Calculation	Score <sup>1</sup>
Illness Awareness	Q5+ (10 – Q7) ÷ total # of responses	
Symptom Attribution	Q1 + (10 - Q2) + (10 - Q3) + Q4  ÷ total # of responses *  *Exclude questions indicated as N/A	
Awareness of Need for Treatment	Q6 + (10 – Q8) + Q10 ÷ total # of responses *  *Exclude questions indicated as N/A	
Awareness of Negative Consequences	Q9	
	Subtotal (sum of scores)	
VAGUS-SR Total Score <sup>2</sup>	Subtotal ÷	

<sup>&</sup>lt;sup>1</sup>The score for each Awareness Category should be left blank if NO items were completed for that category.

<sup>&</sup>lt;sup>2</sup> The Total Score calculation should be the Subtotal ÷ 4 or the number of Awareness Categories for which a score could be calculated.